



*Taking on a mountain challenge with a group of friends – or random strangers! Photo: Toxawww, Dreamstime.com*

## 19 Popular Mountain Challenges

If you're looking for something to aspire to (or maybe you've already signed up to one and that's why you've bought this book), there are several popular UK mountain challenges. These are definitely a big step up from the beginner routes in the back of this book, and absolutely not recommended without some prior hillwalking experience, a good amount of physical training and, in most cases, a professional guide. However, they are something you can aim for in the future.

### Trail 100's

I've already mentioned *Trail Magazine's* 'definitive collection of the 100 UK peaks all hillwalkers must climb' earlier in the book, and while it isn't perhaps a recognised challenge as such, it's definitely something you could aspire to. There's no time limit to this one, just a collection of the best mountain summits hand-picked by the experts at *Trail Magazine*. Now imagine if you were able to tick off all 100?