



Grindsbrook Clough in the Peak District with the Mam Tor ridge visible in the background.

21 Route Maps and Guides

If you've read this book from the beginning, then you're ready to venture out into the mountains and aim for your first summit. Over the coming pages you'll find detailed route maps and guides to what I believe are some of our most popular and achievable hill and mountain walks. I've tried my best to choose a selection from around the country, so hopefully you won't have to travel too far. However, the very make-up of the UK means that if you live in the South East of England, then you're going to need to make a weekend of it.

All the routes in this book are designed for beginners who may not have any more outdoor experience than simply reading this book. The routes mostly follow marked footpaths which should make for simple navigation and are all popular with walkers, so it's unlikely you're ever going to be on your own. Feel free to photograph the relevant pages with your phone, as they are for your personal use.

Locations

Locations (for where a walk starts from) used in the route guides are provided in three different formats which offer varying degrees of accuracy. Always check before setting off that you know exactly where you're heading to.